

AL 1.1691c2

Online and Lifesize Choices

Peer Support

A Facilitator's Guide to Peer Led Programming



When choices collide
Discussion Guide

Spare Time
Spare Cash

WAKES & ADDERS



AADAC

Making healthy choices...
IT'S UP TO ME!

Whatever!

Designing Yourself

Stacking the Deck
Parents have a role in gambling problems

For Parents and Others Who Care:
How a parent's problems with alcohol, drugs or gambling can affect children


Leisure
Model
Values

ADDICTIONS RESOURCE CATALOGUE

AADAC Alberta Alcohol and Drug An Agency of the Government of Alberta

www.aadac.com

2001 - 2002



Welcome to our 2000 – 2001 Addictions Resource Catalogue. This catalogue is a comprehensive listing of the wide range of resources that AADAC offers.

For residents of Alberta, single copies of most of our resources are available free of charge through your nearest AADAC office (check your telephone directory for listing).

For those who reside outside the province, resources are available through:

AADAC
Resource Development
Attn: Resource Agent
Suite 200, 10909 Jasper Avenue
Edmonton, Alberta T5J 3M9 Canada

☎ 780-427-7319
FAX 780-422-5237

E-mail: rdm@aadac.gov.ab.ca

Call toll-free anywhere in North America at
1-800-280-9616

Note: This catalogue lists all of AADAC's resources available at press time. However, new items are always being developed. Feel free to contact us any time to see what's new.

Who We Are & What We Can Do For You

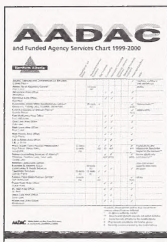
The Alberta Alcohol and Drug Abuse Commission (AADAC), has an international reputation for the quality of its services in prevention and treatment of addiction to alcohol, drugs and gambling. Our print and video resources are also renowned for their quality. We strive to keep them informative, effective, well-researched, balanced and positive.

AADAC is an agency of the Government of Alberta, and has been offering addictions services to Albertans for 50 years.

CONTENTS



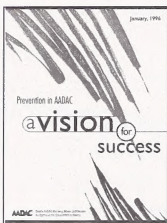
About AADAC	4
General Information	4 - 8
Employers	9
Professionals	10 - 12
Clients in Recovery	12 - 13
Seniors	13
Schools and Youth	14 - 16
Resiliency Campaign	17
Posters	18 - 19
AADAC Learning and Advertising	20
Specialized Treatment Services	21
Index	22 - 23



AADAC & Funded Agency Services Chart

This chart gives a short description of services offered by AADAC and its funded agencies: what they are, where they are offered, who they are offered for, and, for residential treatment, the number of spaces available. An easy reference list. Revised yearly.

Item #042D | 6pp | no cost

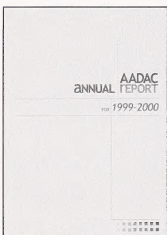


A Vision for Success: Prevention in AADAC

REVISED

This booklet outlines the framework and principles that guide prevention programming in AADAC.

Item #396A | no cost



AADAC's Annual Report 1999-2000

REVISED

This report presents a detailed account of AADAC's performance. In addition to aggregate performance results for treatment and prevention, it highlights supplementary results by the major service areas of community outpatient and prevention services, crisis services, and residential treatment.

Item #419G | 55pp | no cost

ABCs of...



These one- to two-page information sheets provide the "ABCs" about a variety of addictions-related issues. Information is clear and brief, and answers most commonly asked questions about alcohol, other drugs, and problem gambling.

AADAC's Approach to Treatment	Gravol
Adult Children of Alcoholics	Heroin
Alcohol	Inhalants
Alcohol and Seniors	LSD
Addiction in the Family	Naltrexone
Amphetamines	Over the Counter Drugs
Being a Good Host	PCP (Angel Dust)
Caffeine	Problem Gambling
Cannabis	Ritalin
Cocaine/Crack	Steroids
Codeine and Other Pain Killers	Substance Use and Injury
Decisions About Drinking	Talwin and Ritalin
Drugs and Seniors	Tobacco
Ecstasy	Tranquillizers and Sleeping Pills
FAS/ARBD Intervention Strategies	

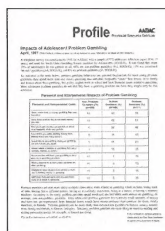
Beyond the ABCs - Information for Professionals



These drug information sheets offer a current, more advanced and in-depth level of information for those individuals who require more than the basics.

Alcohol	Narcotics/Opioids
Alcohol-Medication Interactions	Opioids and Pregnancy
Cannabis	Tranquillizers
Cocaine	Psychiatric Drugs
Hallucinogens (LSD, PCP, etc.)	Solvents/Inhalants

Profiles

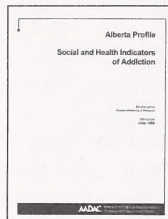


These information sheets provide concise statistical information on a variety of addictions-related topics. The material comes from AADAC information systems and survey data as well as other credible addiction research.

AADAC and Its Funded Agencies: Characteristics of Addictions Treatment Clients	Costs of Substance Abuse in Alberta
AADAC's Business & Industry Clinic and Early Client Outcomes	Early Life Factors and Addictions
Adult Gambling and Problem Gambling in Alberta	Employee Assistance Programs in the Alberta Workplace
Adolescent Alcohol and Drug Use	Employers' Responses to Substance Use and the Alberta Workplace
Adolescent Treatment: AADAC's Effectiveness	Illicit Drug Use and the Alberta Workplace
Adolescent Treatment: Admission Trends and Client Characteristics	Impacts of Adolescent Problem Gambling
Alberta Adolescent Substance Use Increases with Gambling Involvement	Impacts of Substance Use on the Alberta Workplace
Alberta Social & Health Indicators	Perceptions of Youth Gambling
Alcohol and Drug Use in Alberta	Perceptions of AADAC and Substance Abuse
Alcohol Use and the Alberta Workplace	Seniors and Gambling
Characteristics of Alberta Adolescent Problem Gambling	Work-Based Alcohol Risks in Alberta: An Assessment

You can find copies of *ABCs*, *Beyond the ABCs* and *Profiles* on AADAC's Web site at www.aadac.com.

These topics are revised on a regular basis and are free of charge to Albertans. Those who reside outside Alberta, please contact our office for copyright costs.

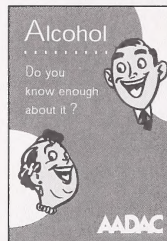


Reports

AADAC produces a variety of research reports on various issues. Item numbers and topics are as follows:

Addiction: Its Position Among Health Determinants; Jamie Wiebe, AFM/AADAC (1997)	383U
Addiction and Medications – Third Edition; Dr. David Cook (2001)	383J REVISED
Adolescent Gambling and Problem Gambling in Alberta – Final Report; Wynne Resources Ltd. (1996)	383Q
Adolescent Gambling and Problem Gambling in Alberta – Summary Report; Wynne Resources Ltd. (1996)	383R
Dream Chaser: Alberta Aboriginal Adult Gambling Prevalence Study (2000)	419F
Seniors and Gambling: Exploring the Issues – Summary Report; Howard Research (2001)	419H NEW
Seniors and Gambling: Exploring the Issues – Technical Report; Howard Research (2001)	419I NEW
Adult Gambling and Problem Gambling in Alberta; Wynne Resources Ltd. (1998)	419B
Adult Gambling and Problem Gambling in Alberta – Summary Report; Wynne Resources Ltd. (1998)	419C
Alberta Profile: Social & Health Indicators of Alcohol and Drug Abuse – fifth edition; Darlene James, AADAC (1999)	333A
Assessing Substance Abuse and Problem Gambling Treatment as an Investment in Population Health; George Szava-Kovats (1997)	383V
Adolescent Treatment: Excellence Through Evaluation; Z'Anne Harvey-Jansen, AADAC (1995)	365A
Early Life Factors and Addictions – A Review of the Literature; Dr. Joy Thompson (1995)	383K
Medical/Physiological Effects of Alcohol; Stew Clark, M.D., PhD (2000)	383C REVISED
Substance Use and the Alberta Workplace – Final Report; Price Waterhouse (1992)	383N
Substance Use and the Alberta Workplace – Summary; Price Waterhouse (1992)	333B
Treating Gambling/Substance Abusing Clients: A Literature Survey; Donna Kerr (1997)	422A
Unplugged from the Machine: VLT Problem Gambling Treatment Clients; Alexander Smoliak, AADAC (1997)	383W

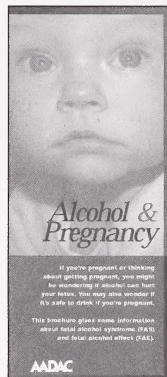
AB-FREE | \$10 each



Alcohol – Do You Know Enough About It?

This booklet explains basic facts about alcohol and its effects on the body. Topics covered include how alcohol is absorbed and broken down by the body, blood alcohol levels and driving, alcohol and health, and alcohol and pregnancy. Facts are presented in a clear and friendly format.

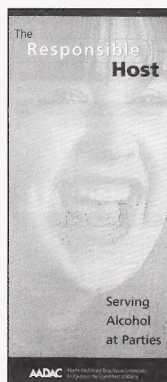
Item #128D | 15pp | AB-FREE | \$25/pkg of 50



Alcohol and Pregnancy **REVISED**

Intended for women who are pregnant or who are contemplating pregnancy, this pamphlet answers questions about drinking alcohol when pregnant. The brochure explains how the mother's drinking endangers the fetus, outlines the controversy over safe drinking levels, and describes fetal alcohol syndrome (FAS).

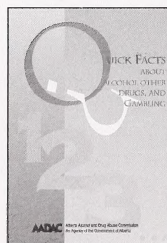
Item #128B | AB-FREE | \$10/pkg of 50



The Responsible Host: Serving Alcohol at Parties

This handy pamphlet offers many tips about serving alcohol at parties and ensuring that guests get home safely. Also included in the brochure are recipes for alcohol-free punches and drinks. Don't have a party without The Responsible Host.

Item #060B | AB-FREE | \$10/pkg of 50



Quick Facts - 9th edition **REVISED**

Quick Facts is a guide to alcohol and drug information in a question and answer format. Topics include the difference between alcohol and drug use and abuse, the nature of specific types of drugs, and the effects of addiction. Information on problem gambling is also included. Answers are based on the most up-to-date information available. This is an ideal research tool for students.

Item #081A | AB-FREE | \$30/pkg of 10

Addictions Awareness Series

A Drinking Problem: How Can I Tell?

This pamphlet dispels some myths about who becomes a problem drinker by offering information and two "case studies." Problems in major life areas are then outlined as criteria for problem drinking. Practical suggestions focus on speaking openly and honestly about the problem. Packaged in 50s.



Item #363B | AB-FREE

A Drug Problem: How Can I Tell?

This pamphlet is designed to provide information to those who may be concerned about their drug use. It includes information on what drug abuse is, the risks, how drug problems start, indicators of a drug problem, and what to do if concerned about drug use. Packaged in 50s.

Item #363C | AB-FREE

A Gambling Problem: How To Tell?

How can you tell when recreational gambling becomes problem gambling? This brochure lists signs of problem gambling, and helps you to decide whether you or someone you care about has developed a gambling problem. It also gives advice on preventing gambling from becoming problem gambling. Packaged in 50s.

Item #363 | AB-FREE

No Place Like Home: When Someone in Your Family Has a Drinking Problem

This pamphlet offers a friendly yet no-nonsense approach to dealing with the effects of problem drinking on family members. It focuses on normalizing feelings and encouraging family members to care for themselves by speaking openly and honestly about the problem with a friend or professional. Packaged in 50s.

Item #363A | AB-FREE

For Parents and Others Who Care

This pamphlet explains how a parent's problems with alcohol, other drugs or gambling can affect children. It also outlines some of the problems these children may have, what a caring person can do to help, and how AADAC can help. Packaged in 50s.

Item #363G | AB-FREE

What a Woman Should Know: Alcohol and Other Drugs

This pamphlet is designed to provide information on how alcohol and other drug use affects women. It includes facts women should consider, information on alcohol and other drug use during pregnancy, how to identify an alcohol or other drug problem, and how to get help. Packaged in 50s.

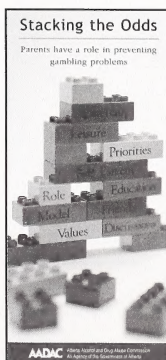
Item #363D | AB-FREE

When Someone You Know Has a Drug Problem

This pamphlet is designed to assist people whose lives have been affected by someone else's drug use. It includes signs and symptoms of a problem, how an individual can recognize if they are being affected, information on how family and children can be affected, and steps that can be taken toward positive change. Packaged in 50s.

Item #397A | AB-FREE

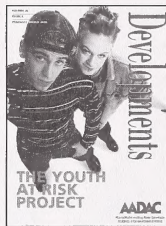
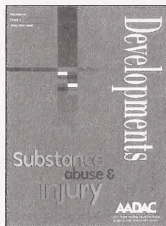
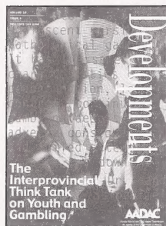
\$10 per package



Stacking the Odds

This pamphlet for parents describes adolescent gambling, lists signs of problem gambling and offers ideas to prevent adolescent gambling.

Item #407F | AB-FREE | \$20/pkg of 50



Developments

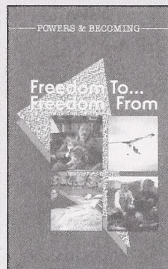
Developments, AADAC's popular newsletter for professionals, is published six times a year and is circulated to 16,000 subscribers worldwide. Each issue of Developments highlights a concern or trend in the addictions field. Articles are written from a number of perspectives in order to cover various sides of the topic. The newsletter also provides information about research, upcoming conferences, and resources. *Call us to add your name to the mailing list.*

Item #002A | subscriptions are available free of charge



Powers and Becoming Series

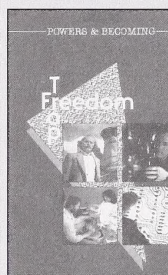
Powers and Becoming is a series of three videos for school and community use. The series describes alcohol and other drug use and the many factors that influence use.



Freedom To... Freedom From

Freedom is the ability to act and to make things happen. Many "normal" social situations undermine personal powers and set people up for destructive dependencies. By using internal resources, individuals can overcome limiting environments.

Item #077C | 25 min. | AB-FREE | \$40



Freedom Trap

Freedom traps are situations that erode personal powers and create dependency. Activities such as reading, napping, snacking, and drinking are passive activities that can become "traps." These traps become especially attractive when life isn't very pleasant. Freedom skills are maintained when people continue to explore, test and express their powers.

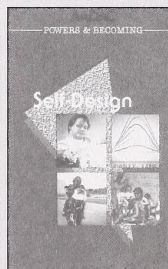
Item #077E | 19 min. | AB-FREE | \$40



Highlights (Preview)

This video summarizes the entire series.

Item #077B | 15 min. | AB-FREE | \$40



Self-Design

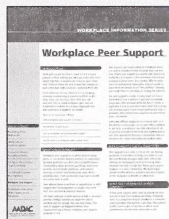
Character skills such as courage, determination, curiosity and flexibility are vitally important for independence. They are the skills everyone uses to control their own powers and are learned through practice. By selecting our challenges, and how we respond to them, we can design ourselves.

Item #077D | 19 min. | AB-FREE | \$40

\$40 each or 2 for \$50

Workplace Information Series

This series of information sheets is designed to promote a safer, healthier work environment.



The Addicted Employee: After Treatment

This resource outlines strategies to support an employee returning to work after treatment for an alcohol, drug, or gambling problem.

Item #414G | 4pp.

An Addiction in the Family: What It Means for the Workplace

This resource explains the effects of an alcohol, drug or gambling problem on a family, how these problems can affect an employee's performance at work, and effective ways for the workplace and family to work together to deal with addiction.

Item #414H | 4pp.

Alcohol/Drug Policy Development

This resource will help an organization to develop or revise its alcohol/drug policy. Included are the benefits of having a policy, key components of a policy, and procedures for employee alcohol/drug testing.

Item #414A | 4pp.

The Basics: Alcohol, Other Drugs and Gambling

For general use in the workplace, this sheet offers basic information describing substance/gambling abuse, how family is affected and what a workplace can do to manage these problems. It also contains a reader quiz.

Item #414F | 4pp.

Dealing With the Troubled Employee

Targeted to managers and supervisors, this sheet outlines steps to take when an employee has a personal problem that is affecting job performance.

Item #414B | 4pp.

Employment-Related Alcohol/Drug Testing

This resource provides an overview and makes recommendations about when to test, how to test, and how to deal with a positive test result.

Item #414D | 4pp.

Workplace Health and Wellness NEW

This resource explains the benefits of workplace health and wellness initiatives and gives tips for improving employee health.

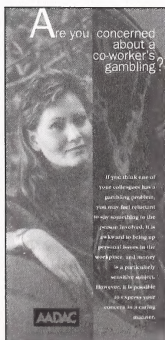
Item #414J | 4pp.

Workplace Peer Support

Workplace peer support is all about peers helping peers, or one worker helping another. This resource explains what workplace peer support is all about. Strategies for establishing and maintaining a peer support team are outlined.

Item #414I | 4pp.

**One of each title for \$16
or \$25 for a package of 25**



Are You Concerned About a Co-worker's Gambling?

This pamphlet points out signs of gambling problems for individuals in the workplace. It provides basic strategies for expressing concern to the colleague involved, while encouraging him or her to seek help.

Item #346R | AB-FREE | \$10/pkg of 50

Adolescent Inhalant Abuse Community Workshop Kit

This kit is designed to help mobilize communities by promoting an understanding of inhalant abuse. It is intended for addiction workers and others working in communities where inhalant abuse is a concern. The workshop provides opportunity for participants to examine the medical, social and psychological effects of inhalant abuse, explore the special needs of youth who abuse inhalants, and develop community strategies for dealing with inhalant abuse.



Facilitator's Manual and Workshop Guide

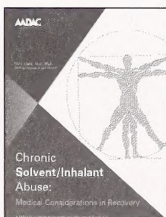
The manual contains background information, overheads and support materials to deliver a one- or two-day workshop.

Item #265A | 54pp. | \$25

Participant Handbook and Workshop Guide

The handbook summarizes the background material presented in the workshop including: effects of inhalant abuse, demographic/motivational factors, medical concerns, special needs of inhalant abusers, and strategies for community prevention, intervention and aftercare.

Item #265B | 54pp. | \$5



Chronic Solvent/Inhalant Abuse: Medical Considerations in Recovery

This resource is a guide to the medical management and care of chronic solvent abusers. It provides concise information about the short- and long-term physiological effects of solvent abuse and the clinical management of the withdrawal

process. The manual addresses the signs and symptoms of intoxication, tolerance and withdrawal, short- and long-term detoxification strategies, and the medical implications of chronic solvent abuse.

Item #355A | 37pp. | \$20

Counsellor Toolbox Series

NEW



This series for counsellors addresses specialized areas in addictions treatment. Practical, background information is provided, along with client handouts and worksheets to use in counselling sessions.

Cocaine: Issues in Recovery

This module provides an overview of cocaine, including characteristics of cocaine users, treatment strategies for clients with cocaine problems, and worksheets/activities for counsellors to use with clients in treatment for cocaine problems.

Item #430G | AB-FREE |

Role of Leisure in Recovery

This module describes the importance of leisure, explains how to use leisure to help clients in recovery, and includes worksheets and activities for counsellors to use with clients in treatment for addiction problems.

Item #430E | AB-FREE |

Debt Management

This module provides counsellors with screening and assessment information, gives debt management options, explains when and where to refer clients for professional debt counselling, provides an overview of family issues, and guides the reader in developing a debt management plan.

Financial Assessment Package

This tool is ideal for clients with debt problems. This step-by-step package allows the client to develop their own budget summary, asset summary, income summary, creditor summary, and debt management plan.

Item #430D | module | AB-FREE |

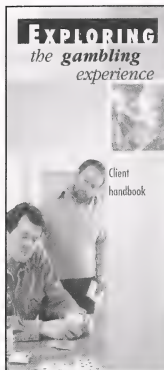
Item #431A | package | AB-FREE | \$30/pkg of 25

HIV and Hepatitis: Issues in Addictions Counselling

This module provides addiction counsellors with a guide to helping clients to decide to be tested for HIV, strategies to assist clients at risk, pre- and post-testing guidelines for HIV testing, and strategies to assist HIV positive clients. Also included is an overview of hepatitis A, B, and C, addressing transmission, symptoms, treatment, outcomes and prevention of these diseases.

Item #430F | AB-FREE |

\$15 per module



Exploring the Gambling Experience

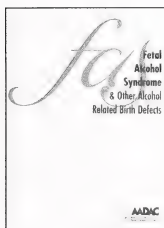
VIDEO - This video augments the counselling experience by encouraging clients to explore their own issues. It is divided into three parts: Assessing the Impacts; Looking Ahead; and Exploring Related Issues. It is intended for use by counsellors treating problem gamblers.

CLIENT HANDBOOK - The handbook is designed to help reinforce the counselling process by reviewing topics covered in the above video and providing opportunity for clients to further explore and record

their own issues with respect to gambling problems.

Item #346V | video | 54 min. | \$99

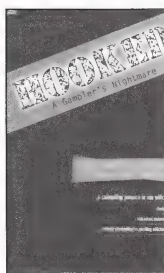
Item #346Y | 24pp. | \$15/pkg of 10



Fetal Alcohol Syndrome and Other Alcohol-Related Birth Defects

This manual provides comprehensive information that defines terms; discusses the debate about the use of the terms FAS, FAE and ARBD; offers up-to-date information about the father's role in contributing to FAS; describes intervention strategies; and outlines strategies for prevention.

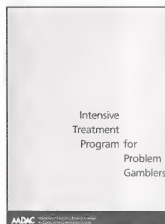
Item #325D | 64pp. | \$25



HOOKED! A Gambler's Nightmare... How Gambling Abuse Affects the Family

This fast-paced video presents the stories of two families whose lives are affected by gambling problems. Their personal stories are interspersed with information from addictions professionals. Adolescent gambling is also explored through peer and adult perceptions of the gambling issues. The video is intended for use by counsellors treating problem gamblers and for those who want to raise awareness about gambling problems with high school audiences and the public.

Item #409B | video | 15 min. | \$99



Intensive Treatment Program for Problem Gamblers

This comprehensive program is designed to be flexible, effective, and easy to use. It provides the addiction professional with a complete, up-to-date program for the treatment of problem gamblers. The program includes 16 modules that address topics such as gambling as a life

style, debt management, and leisure planning. Modules are designed for use either individually or in sequence and are suitable for either residential or non-residential treatment. Each module includes background information, overheads and client activities.

Item #424A | 276pp. | \$229



Proceedings of the Interprovincial Think Tank on Youth and Gambling

These proceedings from the October 1999 think tank will be especially useful to addictions professionals, key influencers of youth, and others interested in practical applications and approaches for prevention and intervention strategies

relating to youth and gambling. The proceedings include: abstract and text of three plenary sessions, discussion questions, and synopsis of working group discussions. The think tank was sponsored by the Addictions Foundation of Manitoba, Saskatchewan Health and the Alberta Alcohol and Drug Abuse Commission.

Item #472A | 146pp. | AB-FREE | \$50



Tipping the Balance: Youth and Substance Abuse

This is a practical tool for counsellors working with youth who may be harmfully involved in substance use. It is designed to invite young people to actively contemplate their own situation and to explore options. The sessions outlined provide opportunities for adolescents to increase their understanding of effects of alcohol and other drugs, evaluate personal consequences, examine their choices, and learn about resources available to assist them if they want to change their behaviour.

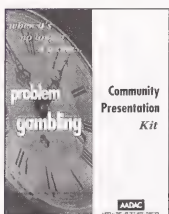
Item #294A | 68pp. | \$20



Treatment Tools: A Resource for Counsellors for Treating Problem Gambling

This manual serves as a toolbox for counsellors working with problem gamblers. It provides essential background data on gambler typology and information on special populations. Resources for assessment, treatment, relapse prevention and referral of the gambler are included. Client resources and handouts are ready for counsellors to photocopy.

Item #366B | 140pp. | \$50

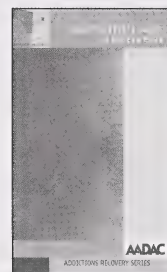
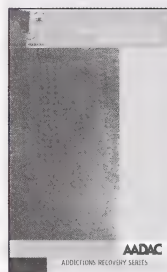


When It's No Longer A Game: Problem Gambling Community Presentation Kit

This kit provides basic information to raise awareness about problem gambling and includes related Alberta statistics. It is intended for delivery by people who have an understanding of gambling and addictions. The workshop content is presented in point form and masters for overheads are included.

Item #346W | 28pp. | AB-FREE | \$10

Addictions Recovery Series



After Treatment: How to Support Someone in Recovery NEW

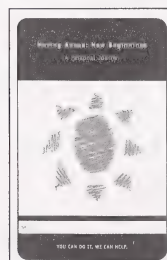
This booklet is for a family member, friend or co-worker of somebody in recovery. It provides insight into the treatment experience and recovery, it explains the challenges that people in recovery face, discusses relapse, and provides tips on how they can provide support.

Item #363F | 10pp. | AB-FREE

Alcohol Withdrawal

This booklet provides basic information on alcohol withdrawal to clients in early recovery. It includes symptoms of alcohol withdrawal, a guide to when and where to get help, information on delirium tremens, and long-term symptoms.

Item #452A | 7pp. | AB-FREE



Moving Ahead: New Beginnings A Personal Journal

This booklet is a journal for use by clients in a detoxification centre. It is positive in focus and simple in format. It provides clients with an opportunity to reflect and record their thoughts during their detox period.

Item #425A | 16pp. | \$10/pkg of 25

Help Others – Help Yourself: When Someone You Love Is Addicted

This booklet is designed to help those who love someone with a substance abuse or gambling problem. It takes a practical and positive approach to assist people in making positive changes whether or not the addicts in their lives do. The booklet explains addiction, how to set boundaries, how to stop enabling, and concrete steps people can take on their own or with a counsellor.

Item #363H | 10pp. | AB-FREE

Leisure and Recovery NEW

This booklet explains what leisure is and the important role leisure plays for people recovering from alcohol, other drug or gambling problems. Tips on how to make changes in leisure, how to develop new leisure activities, and how to deal with leisure activities that may increase the likelihood of relapse are included.

Item #363I | 14 pages | AB-FREE

Nutrition and Recovery

This booklet, written for those in recovery from an alcohol or other drug problems, provides basic information on the role nutrition can play in recovery. Healthy eating can ease withdrawal symptoms and reduce cravings. The booklet includes: reasons that people in recovery need good nourishment, information on how to eat to reduce specific withdrawal symptoms, and strategies for healthy eating throughout recovery.

Item #363J | 10pp. | AB-FREE

Relapse Prevention: Planning for Success NEW

This handbook provides an overview of relapse, and explains why people relapse and how to avoid relapse in recovery from alcohol, other drug or gambling problems. It outlines practical steps to prevent relapse by anticipating high-risk situations and making plans to handle them. There are also tips for stress management.

Item #3630 | 24pp. | AB-FREE

50 of each title for \$40

Well Informed

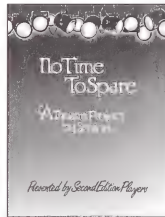


Well Informed is a prevention kit designed to encourage seniors to maintain or enhance their health. This kit includes the workshop manual, a video for use in the workshops, and three sets of self-help booklets (each set contains 10 copies). *Additional copies of the self-help booklets are also available.*

Item #039A | 27 min. | AB-FREE | \$99

Growing Older – Staying Healthy | 32ppItem #039B
Alcohol – Some Things to Consider | 28ppItem #039D
Making Medicines Work for You | 32ppItem #039C

AB-FREE | \$10/pkg of 10



No Time to Spare: A Theatre Project by Seniors

PROCESS VIDEO - This video details the development and production of the play. The development process described in the video can be used by a variety of troupes.

PERFORMANCE VIDEO - This video is an actual performance of the play.

SCRIPT - This booklet contains the script and staging tips for the play "No Time to Spare." The play raises health and lifestyle issues and is performed by seniors. Songs and scenes explore topics such as accepting retirement, dealing with changing family relationships, moving, coping with loss, dating, taking a stand, and getting involved in new activities. The play offers insight into seniors' issues in a positive, gentle way and encourages others to be active.

Item #142C | process video | 27 min. | AB-FREE | \$20

Item #142B | performance video | 64 min. | AB-FREE | \$20

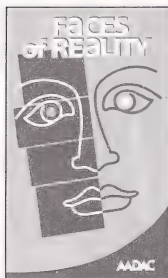
Item #142A | 70pp. | AB-FREE | \$7



Pushing 60

Pushing 60 is designed to raise awareness of physiological changes that can affect how drugs work in the body. The pamphlet also discusses the importance of taking responsibility and maintaining control of one's own health.

Item #128C | AB-FREE | \$20/pkg of 50



Faces of Reality NEW

VIDEO - This documentary brings together four young adults who experienced an alcohol or other drug problem in their teens. Their task is to create a television commercial that will carry a message to other youth. In the process of making the commercial, the young people in the video share their personal stories of addiction and recovery. This video is appropriate for use with junior and

senior high school age youth. A discussion guide is included which provides teachers and other youth leaders with questions and activities to generate discussion after showing the video.

Item #485A | video | 23 min. | AB-FREE | \$99



The Healing Circle

This video addresses the importance of spirituality in recovery from gambling problems. It includes interviews with elders, the staff, and clients from an Aboriginal addictions treatment centre.

Item #366E | video | 12 min. | \$50

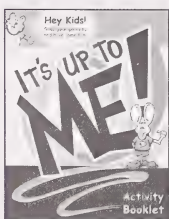


How Do I Fit? NEW

This manual, based on the principles of peer support, provides facilitators with a tool to assist them in helping "at-risk" youth develop appropriate living skills.

Item #456A | 100pp. | AB-FREE | \$25

Making Healthy Choices

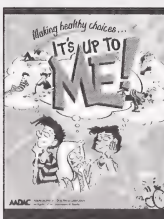


"It's Up To Me" Activity Book (4 to 8 yrs)

This eight-page activity booklet is for four- to eight-year-olds. This booklet is designed to allow parents to participate

with children in activities and discussions about healthy lifestyles.

Item #441A | 8pp. | AB-FREE



"It's Up To Me" Activity Book (9 to 12 yrs)

This 16-page activity book contains quizzes, word searches, cartoons and information for nine- to twelve-year-olds.

Teachers and youth group facilitators find this to be a great class activity, handout, or discussion piece.

Item #268M | 16pp. | AB-FREE

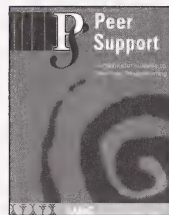


"Whatever!" Designing Yourself (11 to 15 yrs)

Whatever! Designing Yourself is an attractive, interactive activity booklet designed for 11- to

15-year-old teens. Through the use of quizzes, questionnaires, and word search puzzles they can explore their own self-image, their assertiveness skills, and other important issues in this stage of life.

Item #441C | 10pp. | AB-FREE



Peer Support: A Facilitator's Guide to Peer Led Programming

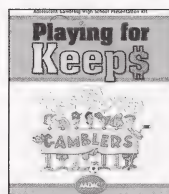
This comprehensive resource contains the basic information and strategies needed for developing and maintaining a peer support program. Ready-to-use masters for forms, letters, posters, and training retreat materials are provided. Features include a tips section for facilitators and a section with suggestions for adapting school programs at the elementary, junior high and senior high levels.

Item #058A | 116pp. | \$30

Peer Support Video

This video discusses the peer support program and its benefits through testimonials from students, teachers, parents and AADAC staff.

Item #058C | video | 6 min. | AB-FREE | \$20



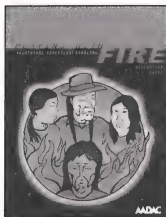
Playing for Keeps: Adolescent Gambling High School Presentation Kit

This resource presents basic information on adolescent gambling and includes activities to generate student discussion. Suitable for delivery by those who have some understanding of addictions or problem gambling and are comfortable discussing lifestyle issues with youth. A set of 14 overheads are included.

Item #366C | 35pp. | AB-FREE | \$99

Item #366A | bookmark | AB-FREE | \$5/pkg of 50

25 of each title for \$25



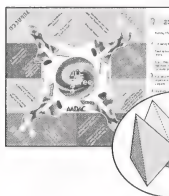
Playing With Fire

VIDEO - This video focuses on gambling among Aboriginal youth. It is for use in the classroom or in other groups, with youth between the ages of 12 and 15. This video raises adolescent awareness of gambling and tells young people how to get help if gambling becomes a problem.

DISCUSSION GUIDE - The accompanying discussion guide assists in facilitating discussion about these issues.

Item #421A | video | 15 min. | \$99

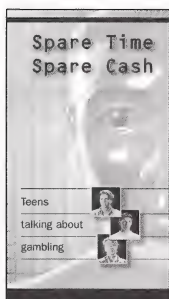
Item #421B | 32pp. | \$20



Quizzler Tobacco Puzzle NEW

An adaptation of the "fortune teller" game, this interactive and colourful version has basic tobacco questions and answers targeted at youth aged seven to 10. They come on a tear-away pad of 25.

Item #491A | AB-FREE | \$5



Spare Time, Spare Cash Teens Talking About Gambling

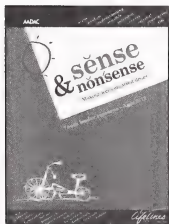
VIDEO - This video explores adolescent gambling from the perspective of teens themselves. Learn what teens bet on, why they do it, what it feels like to win or lose, and what consequences they experience. Suitable for use in the classroom or in youth groups, with teens 13 to 15 years.

DISCUSSION GUIDE - The discussion guide supports classroom use of the video.

It provides tools to facilitate viewer discussion of gambling, gambling problems and related issues. Includes pre- and post-viewing activities and resource masters for photocopying.

Item #407J | video | 23 min. | AB-FREE | \$99

Item #407I | 39pp. | AB-FREE | \$20



Sense & Nonsense Youth Leader's Resource

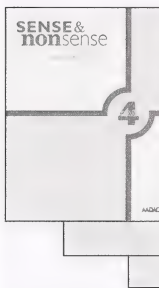
This version of *Sense & Nonsense* contains activities, a poster, and stickers about the responsible use of drugs and about decision-making. The resource is intended for community youth leaders working with children aged nine to 12.

Item #003B | 86pp. | AB-FREE | \$10



Sense & Nonsense

Healthy Choices about Alcohol, Drugs and Gambling



Intended to educate children in Grades 4, 5 and 6 about issues related to the use of alcohol, drugs and gambling. Each manual includes background information for the teacher, lesson plans, transparency masters, and a variety of student activities.

GRADE 4 covers topics such as medications and caffeine, the purpose of drugs in our lives, prescription and non-prescription drugs and how to use them safely, risks of drug use, and the concept of gambling and the effects gambling can have on individuals and relationships.

Item #003E | 150pp. | AB-FREE | \$20

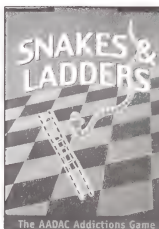
GRADE 5 covers reasons for drug use, effects and consequences of smoking, advertising and its uses, and the impact of problem gambling.

Item #003D | 126pp. | AB-FREE | \$20

GRADE 6 covers why people use alcohol, the influence of advertising on alcohol purchase and consumption, how alcohol affects the body, alcohol abuse and dependency, and effects of harmful involvement in gambling on family and friends.

Item #003C | 134pp. | AB-FREE | \$20

\$20 each or all 3 for \$50



Snakes and Ladders NEW

The *AADAC Addictions Game* is an interactive, life-sized game designed to help kids in junior and senior high school learn about alcohol, drugs and gambling. It comes with instructions for making your own game board, as well as a series of addictions-related questions for facilitators.

Item #465A | AB-FREE | \$30



Student Assistance for Everyone (S.A.F.E.)

This manual is designed to assist teachers and administrators in starting their own student assistance program based on their schools' needs and resources. The manual

also includes a variety of worksheets and checklists.

Item #373A | 164pp. | \$20

What's the Big Deal? NEW

This pamphlet for teens defines gambling; describes what problem gambling is; and outlines the signs of problem gambling, who is at risk for a gambling problem, and where to go for help.

Item #366G | AB-FREE | \$20/pkg of 50



When Choices Collide

VIDEO - This powerful and moving docudrama targets youth and addresses the serious social issue of impaired driving. This portrays the dilemma faced by Julie when her friend, who has been drinking, insists that she can drive. Julie, who doesn't drive, has some difficult choices to make.

While the drama unfolds, people who have experienced personal tragedy resulting from impaired driving share their stories. SADD students working to prevent impaired driving are also featured.

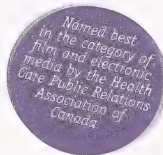
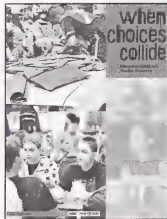
DISCUSSION GUIDE - This comprehensive and easy-to-use learning guide provides strategies for discussion of the video and offers exercises to enhance and strengthen the powerful learning experiences offered to youth on the dangers of impaired driving. Actual newspaper articles of the tragedies shown in the video bring home the reality of those affected. Suggestions for school campaigns and a "Contract for Life" helps to point your group in a positive and socially proactive direction.

CD-ROM NEW - This interactive CD-Rom takes you on a journey of discovery. Throughout this learning experience, you are asked to answer questions and make decisions about impaired driving issues.

Item #454A | video | 33 min. | AB-FREE | \$99

Item #454B | guide | 42pp. | AB-FREE | \$20

Item #454D | CD | AB-FREE | \$50

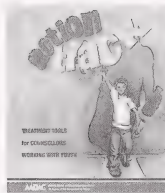


Action Track: Treatment Tools for Counsellors Working With Youth NEW

Action Track is packed with information, worksheets, and handouts for the counsellor working with youth who are dealing with substance abuse

problems. The workbook exercises will help clients move through the stages of change using a motivational interviewing and solution focused approach. This toolkit also includes resources for working with youth who may be experiencing gambling problems. The counsellor using this package will have current information on youth gambling and have access to several activities that will help clients move into the action stage, and begin dealing with their gambling problems.

Item #449A | 214pp. | \$150



Your Best Bet – When Young People Gamble NEW

Explore the topic of youth gambling with teens to help them learn about the risks, odds, and consequences of betting, using the activities in this easy-to-use and informative workbook. The book also provides skill-building activities to help teens learn how to make good decisions

about betting. For school counsellors, teachers, and youth group leaders.

Item #499A | 58pp. | AB-FREE | \$60

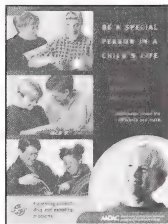
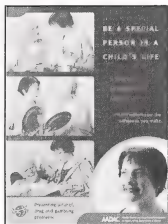


You'll Never Know the Difference You Make...



The Resiliency Campaign promotes the concepts of resiliency and raises awareness that individuals can positively influence the youth in their communities.

TV commercials, newspaper ads, radio spots, and newspaper and magazine articles are available as part of the multi-media package. For further information and prices, please contact us to adapt these products for your organization's use.



Posters

You'll Never Know the Difference You Make

Female (Seniors).....	Item #442B
Male (Confidence Builder)	Item #4420
Role Model.....	NEW Item #442S

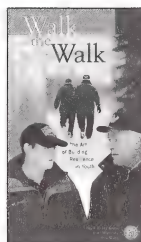
AB-FREE | \$20/pkg of 10



Preventing Alcohol, Drug and Gambling Problems

This brochure describes the resiliency concepts in a brief and easy-to-read format. An excellent tool to help further people's understanding of resiliency. Gives quick ideas building resiliency.

Item #442H | AB-FREE | \$10/pkg of 50



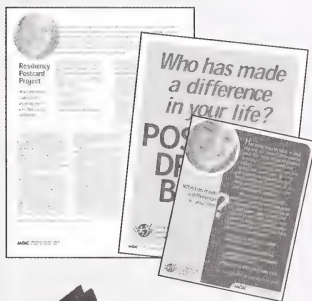
Walk the Walk: The Art of Building Resiliency in Youth

VIDEO – Resiliency is the ability to rise above difficult life circumstances. In *Walk the Walk*, meet three people who were “at-risk” kids, and the special adults who made a difference in their lives. This video also discusses strategies to enhance resiliency through positive and caring relationships, the challenge of high expectations, and the opportunity to

make meaningful contributions.

Item #442E | video | 20 min. | AB-FREE | \$99

Promotional Items



Card **NEW**

With its message of resiliency, this card can be used for invitations, thank-yous, acknowledgements, etc. The card fits into a regular #10 envelope.

Item #442G | AB-FREE | \$20/pkg of 50

Carry Bag **NEW**

These carry bags have the resiliency logo and tag line surrounded by messages that encourage everyone to build resiliency. Bags are heavy cotton with a side pocket that closes with a Velcro fastener.

Item #442U | \$10

Note Pads

Resiliency note pads contain 25 different messages that illustrate how simple acts by an adult can build resiliency in youth. Pads contain 25 sheets with one message per sheet.

Item #442L | AB-FREE | \$10/pkg of 10

Pen **NEW**

The pen has six resiliency messages that reinforce the things a person can do to help build resilient children. The messages change when you click the pen.

Item #442R | \$25/pkg of 5

Resiliency Postcard Project **NEW**

This project is designed to help individuals identify those people who have made a difference in their lives. It can also motivate adults to spend time with a child.

Item #442Q | AB-FREE | \$20

T-Shirt **NEW**

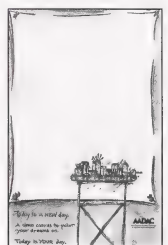
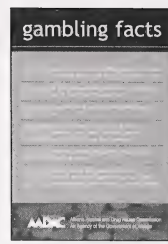
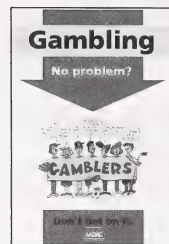
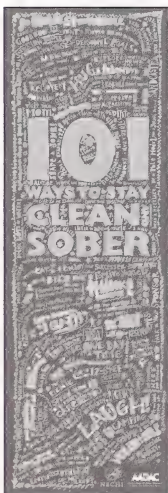
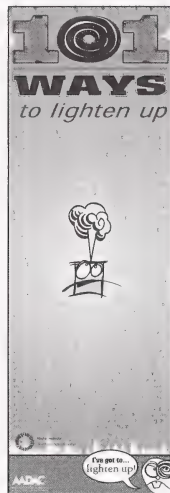
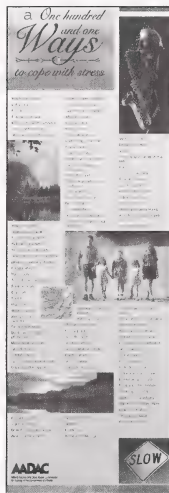
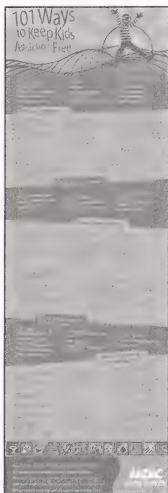
This 100% cotton, key influencer T-shirt comes in sizes large and extra large. The key influencer message (a key graphic) is on the front breast. The resiliency logo and tag line surrounded by messages that encourage everyone to build resiliency is on the back.

Item #442V | L | \$15

Item #442M | XL | \$15

101 Ways

These posters are filled with humorous, easy, and practical suggestions to manage our often hectic lives. Use them as a gentle reminder of the important things in life.



Climbing Wall of Life

This poster provides a humorous look at the choices and possibilities teens face as they work to reach their goals. The poster is illustrated by Zoot Capri's Steve Attoe.

Item #116V | AB-FREE | \$20/pkg of 10

Gambling Series

Item #407C (Gambling Facts) | AB-FREE | \$20/pkg of 10
Item #407E (Gambling-No Problem?) | AB-FREE | \$20/pkg of 10

Today Is a New Day

The message under an illustration of a blank canvas and paints encourages us to face the day with optimism about our ability to create our own future.

Item #116U | AB-FREE | \$20/pkg of 10

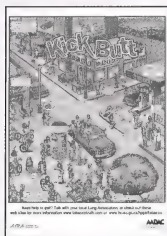
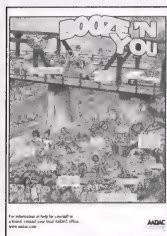
Waterslide of Life

A black and white poster that illustrates life choices and is suitable for colouring.

Item #268O | AB-FREE | \$20/pkg of 10

- To Cope with Stress (adults)..... | AB-FREE | Item #116X
- To Keep Kids Addiction Free (key influencers) | AB-FREE | Item #268Z
- To Lighten Up (youth)..... | AB-FREE | Item #116Y
- To Stay Clean and Sober (people in recovery) | AB-FREE | Item #116Z
- To Have a Healthy Baby | AB-FREE | Item #290C
- (Aboriginal version) | AB-FREE | Item #290F

\$20/pkg of 10



Youth Information NEW

Posters

These edgy and colourful posters are aimed at youth aged 14 and up who are experimenting with alcohol, marijuana, tobacco and gambling. The posters provide accurate information to adolescents in an engaging format.

Booze 'N YouItem #429A
 Kick ButtItem #429C
 What's the Big Deal?Item #429D
 What's the Buzz About Pot?Item #429B

AB-FREE | \$20/pkg of 10

Trading Cards

Designed to match the Youth Information Poster Series, these cards provide factual information in a fun format. Tobacco, alcohol, marijuana and gambling are the four subjects covered. Packaged in 100s – five different cards per series.

Booze 'N YouItem #429H
 Kick ButtItem #429F
 What's the Big Deal?Item #429E
 What's the Buzz About Pot?Item #429G

AB-FREE | \$40/pkg of 100

**\$40 per title or
 buy all titles for \$120**



Straight Goods for Girls

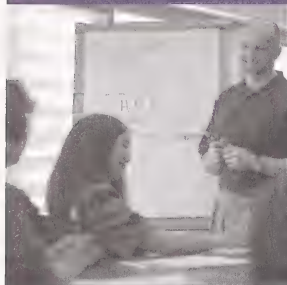
This gender-specific poster provides information regarding alcohol, drug and gambling use.

Item #290E | AB-FREE | \$20/pkg of 10

Straight Goods on Drugs and Alcohol

This poster offers clear and straightforward information about alcohol and other drugs. Steve Attoe of Zoot Capri fame adds humour to the poster with his off-the-wall illustrations.

Item #116W | AB-FREE | \$20/pkg of 10



AADAC Learning

AADAC is acknowledged to be a leader in the field of addiction services. AADAC Learning offers workshops and customized training related to the treatment and prevention of problems with alcohol, other drugs and

gambling. Workshops are designed to address the ongoing needs of professionals working in the health, education, social service, justice and business sectors. The courses range from a basic overview of addictions to more specialized training reflecting the latest developments in the effective treatment of addictions. Learning staff can also develop, coordinate and deliver customized training programs to meet the needs of an organization or agency. In addition, AADAC Learning offers experience and expertise in conference, special event and communication planning as it relates to AADAC's work in addictions treatment and prevention.

Whether you are seeking training for personal reasons or professional development, we can provide an educational experience to enhance your knowledge and ability to better deal with addiction issues in your community.

There are three Learning Units in Alberta. For more information, contact the Learning Unit nearest you.

north: Grande Prairie

☎ 780-538-6330

FAX 780-538-5256

central: Edmonton

☎ 780-427-7305

FAX 780-427-0456

south: Calgary

☎ 403-297-3028

FAX 403-297-3020



Space is available on the back page of *Developments* to advertise a conference or event that would be of interest to the readership. Space is very limited, so requests should be made at least three months in advance of the date of the event. There are two column sizes from which to choose. The larger size measures up to 2 3/8 x 5 1/4" and costs \$200. The smaller size measures up to 2 3/8 x 2 1/2" and costs \$150. *Developments* is issued six times a year to 16,000 subscribers worldwide and is a great way to "get the word out" about an event. Requests to advertise and related questions should be directed to the editor of *Developments*. AADAC reserves the right to decline an advertisement.

Reprinting Articles

All of AADAC's resource materials, reports, and research are under copyright. There is a fee for reprinting privileges. Requests to reprint should be made to the manager of Resource Development or the writer/editor for AADAC.



Women's Program/ Men's Program

The Women's and Men's Programs at the Henwood Treatment Centre are three-week residential programs for people who have serious problems with alcohol

and other drugs and for whom abstinence is an appropriate goal. AADAC understands that men and women have unique experiences and needs. We also realize that many people in recovery want a safe and secure place to work on their recovery. While at Henwood for treatment, men and women participate separately in the core components of the program. By participating in group counselling, educational workshops, leisure activities and an introduction to self-help, men and women receive a good foundation for their recovery.

For Albertans, a \$15-per-day room-and-board fee applies. For out-of-province referrals, the cost is \$125 per day.

For more information, contact the Henwood Administration Office at 780-422-9069.

AADAC Business & Industry Clinic

The AADAC Business & Industry Clinic offers two residential treatment programs designed specifically for employees who have problems related to alcohol or other drugs. Customized treatment is offered in a modern, attractive facility with quick and easy access. Skilled staff specialize in recovery and assist in the reintegration of employees into the workplace.

The 30-day Alcohol and Drug Program features a five-month follow-up program and the eight-week Cocaine Program includes a seven-month follow-up program. Both treatment programs use the 12-Step recovery process and include a four-day Family Program at no additional charge.

The cost for the AADAC Business & Industry Clinic is \$150 per day. The total cost of \$4500 for the 30-day Alcohol and Drug Program and \$8400 for the eight-week Cocaine Program includes detoxification, residential treatment, the four-day Family Program and the follow-up program. For out-of-country referrals, please inquire about costs.

The AADAC Business & Industry Clinic is committed to its clients. Clients who have relapsed within one year of completion of either treatment program will be accepted for another full program with no additional programming fee, only a nominal charge of \$15 per day for room and board.

For more information call the AADAC Business & Industry Clinic at 780-538-5210 or toll-free: 1-800-419-1149. Fax: 780-538-6359. E-mail: david.nesbitt@aadac.gov.ab.ca.

Lander Treatment Centre Family Program

The Lander Treatment Centre has a unique, specialized six-day residential program for those affected by someone else's addiction to alcohol, other drugs or gambling.

Highlights:

- You can attend the Family Program whether or not the addicted person is in treatment or recovery (they may still be "practising" their alcohol, drug or gambling addiction).
- You have an opportunity to get away and focus on the impact of addiction and learn improved coping skills.
- Trained counselling staff work with you throughout your stay at Lander.
- There are informative presentations, group and individual counselling sessions, sharing of information and ideas, skill development and Al-Anon meetings.

Admission Criteria:

- An application form may be obtained from the Lander Treatment Centre. For more information, call 403-625-1395.

Visit our Web site at www.aadac.com and look under Specialized Services.

AADAC & Funded Agency
Services Chart4

AADAC's
Annual Report 1999-20004

ABCs of...4

AADAC's Approach to Treatment
Adult Children of Alcoholics

Alcohol

Alcohol and Seniors

Addictions in the Family

Amphetamines

Being a Good Host

Caffeine

Cannabis

Cocaine/Crack

Codeine and Other Pain Killers

Decisions About Drinking

Drugs and Seniors

Ecstasy

FAS and Other Alcohol
Related Birth Defects

Gravol

Heroin

Inhalants

LSD

Naltrexone

Over-the-Counter Drugs

PCP (Angel Dust)

Problem Gambling

Ritalin

Steroids

Substance Use and Injury

Talwin and Ritalin

Tobacco

Tranquillizers and Sleeping Pills

Addictions Awareness Series7

A Drinking Problem:
How Can I Tell?

A Drug Problem:
How Can I Tell?

A Gambling Problem:
How To Tell?

For Parents and Others
Who Care

No Place Like Home:
When Someone In Your Family
Has a Drinking Problem

When Someone You Know
Has a Drug Problem

What a Woman Should Know:
Alcohol and Other Drugs

Addictions Recovery Series.....12

After Treatment: How to
Support Someone in Recovery
Alcohol Withdrawal

Leisure and Recovery

Help Others – Help Yourself:
When Someone You Love
Is Addicted

Nutrition and Recovery

Relapse Prevention:
Planning for Success

Action Track: Treatment Tools
for Counsellors Working With
Youth16

Adolescent Inhalant Abuse
Community Workshop Kit
(facilitator and participant
manual)10

Alcohol – Do You Know
Enough About It?6

Alcohol and Pregnancy6

Are You Concerned About
a Co-worker's Gambling9

Beyond the ABCs5

Alcohol

Alcohol –
Medication Interactions

Cannabis

Cocaine

Hallucinogens

Narcotics/Opioids

Opioids and Pregnancy

Psychiatric Drugs

Tranquillizer

Solvents/Inhalants

Chronic Solvent/
Inhalant Abuse10

Counsellor Toolbox10

Cocaine: Issues in Recovery
Debt Management
HIV and Hepatitis: Issues in
Addictions Counselling
Role of Leisure in Recovery

Developments8

Exploring the Gambling
Experience (video and
handbook)11

Faces of Reality
(video and guide)14

Fetal Alcohol Syndrome
and Other Alcohol-Related
Birth Defects.....11

Financial Assessment
Package10

The Healing Circle
(video)14

Hooked! (video).....11

How Do I Fit?14

Intensive Treatment Program
for Problem Gamblers.....11

Making Healthy Choices.....14

It's Up to Me Activity Book
Whatever! Designing Yourself

Moving Ahead12

No Time to Spare
(video, script)13

Peer Support
(video and guide).....14

Playing for Keeps14

Playing With Fire
(video and guide).....15

Posters18

101 Ways...

Climbing Wall of Life

Gambling Series

Straight Goods on Drugs
and Alcohol

Straight Goods for Girls

Today Is a New Day

Waterslide of Life

Youth Information Poster
and Trading Cards

Powers and Becoming
(video).....8

Proceedings of the International
Think Tank Program on Youth
and Gambling11

Profiles.....5

AADAC and Its Funded Agencies
AADAC's Business and Industry
Clinic and Early Client
Outcomes

Adolescent Alcohol and
Drug Use

Adolescent Treatment:
AADAC's Effectiveness

Adolescent Treatment:
Admission Trends and Client
Characteristics

Adult Gambling and Problem
Gambling in Alberta

Alberta Adolescent Substance
Use Increases with Gambling
Involvement

Alberta Social and Health
Indicators

Alcohol and Drug Use in Alberta
Alcohol Use and the Alberta
Workplace

Characteristics of Alberta
Adolescent Problem Gambling

Costs of Substance Abuse
in Alberta

Early Life Factors and
Addictions

Employee Assistance Programs
in the Alberta Workplace

Employers' Responses to
Substance Use and the Alberta
Workplace

Illicit Drug Use and the Alberta
Workplace

Impacts of Adolescent Problem
Gambling

Impacts of Substance Use on
the Alberta Workplace

Perceptions of AADAC and
Substance Abuse

Perceptions of Youth Gambling
Seniors and Gambling

Work-Based Alcohol Risks in
Alberta: An Assessment

Pushing 6013

Quick Facts6

Quizzler15

Reports6

Addiction: Its Position Among
Health Determinants

Addiction and Medications

Adolescent Gambling and
Problem Gambling in
Alberta – Final

Adolescent Gambling and
Problem Gambling in
Alberta – Summary

Dream Chaser: Alberta
Aboriginal Adult Gambling
Prevalence Study

Seniors and Gambling:
Exploring the Issues –
Summary

Seniors and Gambling:
Exploring the Issues –
Technical

Adult Gambling and Problem
Gambling in Alberta – Final

Adult Gambling and Problem
Gambling in Alberta –
Summary

Alberta Profile: Social & Health
Indicators of Alcohol and
Drug Abuse

Assessing Substance Abuse and
Problem Gambling Treatment
as an Investment in
Population Health

Adolescent Treatment:
Excellence Through Evaluation

Early Life Factors and
Addictions

Medical/Physiological Effects of Alcohol	An Addiction in the Family: What It Means for the Workplace
Substance Use and the Alberta Workplace – Final	Dealing With the Troubled Employee
Substance Use and the Alberta Workplace – Summary	Employment-Related Alcohol/Drug Testing
Treating Gambling/Substance Abusing Clients	The Basics: Alcohol, Other Drugs and Gambling
Unplugged from the Machine: VLT Problem Gambling Treatment Clients	Workplace Health and Wellness
	Workplace Peer Support
The Responsible Host6	Your Best Bet16
Resiliency17	
Brochure	
Card	
Carry Bag	
Newspaper Ads	
Newspaper and Magazine Articles	
Note Pads	
Pen	
Postcard Project	
Posters	
Radio Spots	
T-shirt	
TV commercials	
Walk the Walk (video)	
Sense & Nonsense (youth leaders, Grade 4, 5 and 6).....15	
Snakes and Ladders (game)15	
Spare Time, Spare Cash (video and guide).....15	
Stacking the Odds7	
Student Assistance for Everyone15	
Tipping the Balance11	
Treatment Tools12	
A Vision for Success4	
Well Informed Kit.....13	
What's the Big Deal?.....16	
When Choices Collide (video, guide and CD-Rom)16	
When It's No Longer a Game, Problem Gambling Community Presentation Kit.....12	
Workplace Information Series.....9	
Addicted Employee: After Treatment	
Alcohol/Drug Policy Development	

NOTES:

NOTES:

NOTES:

National Library of Canada
Bibliothèque nationale du Canada



3 3286 52328873 2

BILL TO

- ORDERED BY

COMPANY/INSTITUTION

ADDRESS

CITY

PROVINCE

COUNTRY

POSTAL CODE

PHONE

FAX

E-MAIL

SHIP TO (if other than BILL TO address)

ORDERED BY

COMPANY/INSTITUTION

ADDRESS

CITY

PROVINCE

COUNTRY

POSTAL CODE

PHONE

FAX

E-MAIL

RETURNS Are to be made by mail. C.O.D.s from courier services will not be accepted.

TITLE

QUANTITY

UNIT PRICE

TOTAL

☐ Cheque/Money Order Enclosed* ☐ Mastercard
☐ Purchase Order ☐ VISA

Card/PO# _____

Expiration _____

* make cheque payable to **AADAC**

Normal delivery is 2 – 3 weeks. In a rush? Let us know the exact date you need your materials. Shipping abroad and rush delivery may require extra charges.

Ship via

☐ Regular ☐ Rush**

** please call for shipping rates

SHIPPING COST RANGE	
ORDER AMOUNTS \$	SHIPPING COST \$
0 - 25	5.00
26 - 100	7.50
101 - 500	10.00
501 - 1000	15.00
over 1000	20.00

SUBTOTAL

DISCOUNT

SHIPPING & HANDLING

HST/GST (IF EXEMPT, STATE EXEMPTION NUMBER)

TOTAL